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TIST farmers during a recent In-house training at Ntoobo, Tigania West.
In the year 2000, world leaders adopted the United Nations Millennium Declaration and Millennium Development Goals. Eight goals were set, which it was envisioned would bring half of world population out of the bondage of poverty by the year 2015. Millennium Development Goals have become a universal framework for development.

These goals includes,

**Goal 1:** Eradicate extreme poverty and hunger

**Goal 2:** Achieve universal primary education

**Goal 3:** Promote gender equality and empower women

**Goal 4:** Reduce child mortality

**Goal 5:** Improve maternal health

**Goal 6:** Combat HIV/AIDS, Malaria and other diseases

**Goal 7:** Ensure Environmental sustainability

**Goal 8:** Develop a global partnership for development

The TIST Program began as a response to goals set by people working together in Tanzania in July of 1999. At two seminars, the participants set goals to eradicate famine, reforest their devastated land, address health concerns of the people, give trainings and start small groups. In December of 1999, members of the first small groups gathered and the basic TIST Program was born. TIST began before the UN Millennium Development Goals were developed, yet it is exciting to see how closely aligned the vision of those first small group members was to the vision of 189 world leaders who gathered later that year.

As TIST has matured, it has responded to more needs and requests expressed by members of the small groups. It now encompasses most of the UN Millennium Development Goals in its program of activities.

TIST works within rural communities, who are mainly the target of MDGs, in four developing countries namely, Kenya, Tanzania, Uganda and India. It has immensely contributed in responding positively to some of the goals highlighted above.

TIST has made both direct and indirect interventions. Both efforts have drastically changed lives of thousands of people. Here in Kenya, the program was introduced in August 2004 and within the short period it has been in operation, over 3,000 small groups have joined the program. These small groups consist of subsistence farmers and membership ranges from 6 – 12 men and women.

The program works with these groups and the main focus is on reforestation; with the groups receiving an incentive for each tree they plant and keep alive. Alongside this, groups receive a holistic training program adapted to the most pressing needs of the local community. Currently this includes training on tree-planting, nursery development and management, sustainable agriculture, HIV/AIDS, malaria prevention, nutrition, fuel efficient stoves and capacity building skills. Training is conducted through a program of seminars / village seminars and through local trainers facilitating monthly group meetings known as Node Trainings.

Through these efforts, the program helps achieve the MDGs in the following ways;

**Goal 1: Eradicate extreme poverty and hunger.**

It must be acknowledged that one of the major causes of drought that results in hunger is the rising spread of desertification. Desertification is caused by deforestation. As more areas continue to lose million of trees the more the drought continues to hasten and hence resulting in food crisis and insecurity.

As mentioned above, the main focus of TIST program is reforestation. The program is working with Small Groups where members are trained on nursery management, species selection and tree planting best practices. So far, over 3 million trees have been planted. The program gives small incentives to the farmers for every tree they plant and keep alive. This has supplemented their income hence they are able to meet their basic needs.

Besides, planting trees, TIST participants are trained on Conservation Farming. This farming technique, developed by UNFAO, has boosted maize and other crop production by an average of four fold since it was introduced to TIST farmers. This has meant that the majority of TIST members now have enough food for themselves and their

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**Combating hunger: Members of TIST Small Groups harvesting maize from a conservation farming garden.**
families and are no longer hungry. In some areas, such as Meru regions, farmers are now selling surplus produce to the market thus supplementing their incomes.

Goal 2: Achieve universal primary education.
Primary School enrollment has not been a major TIST issue in Kenya. With the Government introduction of free primary education, nearly all children of school age are enrolled. However, the stipend paid for the trees helps pay for clothing and with better nutrition, children are much more able to learn. A number of TIST staff have taken personal efforts to support education in some of the primary schools in the region.

Goal 3: Promote gender equality and empower women.
The TIST program puts a lot of emphasis on both rotational leadership and servant leadership, two of TIST’s Small Group “best practices.” It is a major requirement that every Small Group must exercise rotational leadership, practice servant leadership and “building up” of that week’s leader.

Through these “best practices”, women are empowered to take leadership roles and be equally involved with men in making decisions for their Small Groups. Their leadership qualities are identified and supported through “building up” and then harnessed for the good of the group as a whole. Many women who are in TIST Small Groups have reported that they begin to participate more actively in the leadership and development of their groups as well as in their villages and in the larger society.

Goal 4: Reduce child mortality.
Child mortality rate is not prevalent in these areas. Better nutrition through Conservation Farming, use of mosquito nets to reduce childhood malaria, and the introduction of fuel efficient stoves that vent the smoke outside the cooking area so women and children don’t breathe it, are part of the health related activities of TIST.

Goal 5: Improve maternal health.
Most of the maternal deaths are caused by lack of access to maternity health care. Poor women, unable to raise maternity fees, often opt for home delivery and in many cases of birth complications, the mother and/or the child can die.

TIST, with the income from the incentives for live trees, encourages families to take health insurance coverage that will not only cater for pregnant mothers but also the entire family. TIST is currently seeking collaboration with National Health Insurance Fund (NHIF) to explore ways that members can join and benefit from the scheme.

Goal 6: Combat HIV/AIDS, Malaria and other diseases.
HIV/AIDS and malaria have continued to be the biggest challenges in developing countries. In realization that these two scourges affect all sectors of development, the TIST program includes training on HIV/AIDS and malaria in its program. Upon joining the program, members of the Small Groups receive training on preventive measures of both epidemics.

Significantly, in Meru and Nanyuki areas, where the program is in operation, cases of malaria has continued to rise as glaciers on the cap of Mount Kenya continue to melt. This is the result of global warming. Efforts made by the Small Groups to plant millions of trees aims to reverse the trend.

Goal 7: Ensure Environmental sustainability.
This is a key focus and component of the TIST program. TIST was founded on environmental sustainability. The program has been putting a lot of resources towards community forestry.
has increased the number of malaria zones and the harsh climatic conditions that have continued to have a negative impact on agriculture.

TIST participants are tirelessly working together to reverse this trend. As mentioned above, over 3 million trees are alive as a result of the Small Group members’ efforts. The program has resonated well within the communities with overwhelming requests to expand TIST in new areas.

Goal 8: Develop a global partnership for development.

TIST farmers have discovered, through the program, a new global trading business—the Carbon Credit Business. Small Groups are receiving thousands of shillings every year as they prepare to enter the carbon trade. The program has created and opened international communication channels that are accessed by TIST participants.

Knowledge transfer cannot be overemphasized. TIST Trainers and Quantifiers have been trained and exposed on Palm Computer Technology and Internet. Information has been flowing smoothly between TIST participants in Kenya and their counterparts in USA, UK and East Africa and exchange of ideas made possible.

Exchange programs have been promoted across the East Africa Countries. Recently, a team of 20 TIST participants in Tanzania visited Kenya on a study tour. Truly, TIST perfectly meets this goal beyond donor assistance.

Fish Farming: Dorothy Naitore, a field trainer, with members of Kioki Best Small Group at the group’s fish pond.

Farming as one of our TIST Best Practice activities.

Fishing Farming is a fast-growing economic endeavor in Meru, which has becoming highly adopted by many farmers. Fish eating among the Meru populace is also gained acceptance.

Kioki Best Small Group: Discovering another Best Practice – Fish Farming.

Kioki Best Small Group works under Chugu Field Office. We are situated at Katheri Location of Meru Central District. We have embarked on Fish Farming as one of our TIST Best Practice activities. Fishing Farming is a fast-growing economic endeavor in Meru, which has becoming highly adopted by many farmers. Fish eating among the Meru populace is also gained acceptance.

We started in Fish Farming due to its multiple benefits. First, the project has high turn out especially in selling of mature fish and also the fingerlings to newly establishing fish farmers. This has improved the life of members due to additional income from fish.

Secondly, fish farming ensures provision of ready and cheap source of protein which substitutes other expensive sources of protein especially meat. This has added our nutritional values in our meals leading to better healthier lives.

Another benefit of fish farming is that eating fish improves brain development. This is a scientifically proven fact. Thus with availability of fish means that our children will grow with better-developed brains.

Keeping Fish also controls breeding of mosquitoes. Fish are known to feed on mosquitoes larva and thus hamper their breeding which in turn reduces them.

The above benefits of fish farming prompted us to take the project seriously. We sought expertise from Fisheries Department, which organized seminars, trainings and also constructed the first demonstration pond in one of our member’s farm. From the knowledge obtained from fisheries departed, we were able to construct our own ponds, stock and took care for fingerlings until matured.

The Fisheries Department also supplied us with the fingerlings until we became self-reliant.

Our message to encourage other small groups to try Fish Farming and improve their income earning. Our motto remains; eat more fish and live a healthy life.

Martin – what kind of fish are they growing?
How would a group contact the right person at the Fisheries Department? Where and when are seminars being given by the Department?

**Kuuga Na Gwika Small Group: Diversifying the trees benefits.**

Beyond the traditional known benefits of planting trees such as provision of wood fuel, shade and soil control measures, we members of Kuuga na Gwika Small Group have broaden our horizons as far as the benefits of trees are concerned.

We have extensively embarked on Bee – keeping and Silk Worm rearing projects – which are heavily depending on trees. This has earned us extra income.

Besides making money from sale of honey, which has an increasing demand in the market today, we have also benefited from nutrition value of the honey. We are building a healthy society.

Silkworm depends and feed on mulberry trees (locally known as Ndare). The business is gaining ground and we are confident that it is going to become viable, profitable and sustainable enterprise.

We have been able to achieve this due to trainings we received from TIST. We have tremendously improved in group organization. We have continued to practice servant and rotational leadership. Coupled with our weekly meetings, we have been able to come up with ideas which we examine during our meetings and if found viable, we do implement them.

We believe in sharing of information. We are ready to educate other members and influence them on the above enterprises. We truly hold the TIST value of volunteerism and as such, we are ready to share and learn with other TIST Small Groups. Significantly, with other Small Groups in our area, we have identified Kianjagi Chief’s Camp as our Node Venue.

We have continued to practice Conservation Farming, Nursery Management and we can confidently affirm that we have enjoyed the benefits.

Our group consists of 12 members who are all dedicated and active participants. We are requesting TIST Kenya Office to evaluate us so that we can become a Best Small Group, and eventually a Mentor Group.

**A Story of Ms. Tabitha Stanley, A Member of Kainyinyo Kiburi Small Group.**

Ms. Tabitha Stanely is a happy woman. She narrated her joy to Ugandan TIST Team who had visited her recently accompanied by Chugu Field Office Trainer, Ms. Dorothy Naitore.

Ms. Tabitha Says, ‘since I joined TIST program, my life has completely taken a new turn. The payments I have continued to receive from TIST have enabled me to buy a new Water tank. I have been relieved from fetching water.’

Tabitha, 70, says that the water tank has not only provided her with clean water, but she has as well managed to raise her tree nursery. During this visit, last July, her nursery had close to 8,000 seedlings.

Besides planting Trees, Tabitha has also practiced Conservation Farming. She took this Team around her maize garden proud of her bounty harvest. She says, that never before had she experienced such improved production. She’s thankful to the TIST program for having taught her this new farming method. To demonstrate her gratitude, she served the team with boiled fresh maize she had harvested from her Conservation Farming garden.

Tabitha has become an active proponent of Conservation Farming in her village. Many Farmers have now adopted this farming method and majority of them joining TIST program.

TIST Program recognizes efforts made by such groups and continue to offer them more trainings so as to improve their lives. The program is highly encouraged by the prudent use of incentives received by TIST Farmers. Tabitha efforts are a success case story. Other Small Groups are encouraged to put in proper use their incomes.

As Tabitha aptly advise other small groups to pool their tree payments together for a common good. TIST program extends this advice to the entire TIST Community.
Kamithagana C Best Small Group: ‘Trees From The Beginning’.

Millions and Millions of Years Ago
At the Beginning of Universe
The Land was Bare
It was God’s Creation.

Not forgetting to decorate it
He created Plants.
He created Adam and Eve.
He gave Them Authority over Nature.
To discern what is good and bad.

As years passed by, human population increased
Pressure on use of trees increased as well
More trees were destroyed
They forgot importance of trees.

In 1800’s Industrialization began in the west
No one thought of its consequences.
We wanted to grow, we wanted to industrialize
Factories were set up, more smoke was produced.

Other World countries followed suit.
We must emit to develop
So was the slogan
The consequences not withstanding.

Climate change has now become a hot topic.
Global warming is more serious than ever before
Human existence has been threatened.
Urgent interventions are needed.

Floods are happening.
Our own Bundulangi is a perfect example.
Lives and property have been lost.
People have been displaced.

Weather patterns have become unpredictable
Crop failures is now a re-current phenomena
Food security is in crisis
We are faced with hunger

The solution is simple
Plant more trees, plant million trees
Trees help reduce carbon levels
Trees clean the air.

TIST farmers are on the rise.
Planting millions trees
To save the world
To save mankind.
MAZINGIRA BORA
Ngatheti ya mweri wa ikumi
KIKUYU VERSION

The International Small Group and Tree Planting Program (TIST)
An Environmental, Sustainable Development and Community Forestry Program.

- Uria TIST iteithiri-irie gukinyira kioneke kia uthii wa nambere.
- Gikundi kiega gia Kamithagana C: Miti kuma kiamjiriria.
- Gikundi kiega gia Kioki: Guthundura urimi ungi – urimi wa thamaki.
- Gikundi kinini kia Kuuga na Gwika: Gutambia mawega ma miti.
- Rugano rwa mutimia ti Tabitha Stanley, umwe wa Gikundi kiega gia Kainynyinyo Kiburi.
mutaratara uyu wa TIST wanjiri-irie mweri wa
Kanana mwaka wa 2004 na thutha wa kahinda
kanini niwarutaga wira, na makiria ma ikundi nini
3,000 niciengite na mutaratara uyu wa TIST. Ikundi
ici nini cithondeketwo ni arimi aria makoragwo mari
atandatu nginya ikumi na eri arume na atumia.
TIST irutaga wira na ikundi ici, na kioneki ki-
nene ni uhandi wa miti; orogikundi gikiamukagira
marihi manini kumana na muti uria mahandaga na
makamenyerera. Hamwe na uu, ikundi niciamu-
kgira mato na ithomo iria mabatarite muno
muturire-ini. Mahinda maya ithomo ici ni ta uhandi
wa miti, Murimu wa mukongo, Kuria irio njega, Ma-
laria, uhuthiri wa mariko ma ngu na gukuria iheo
mwanya mwanya. Githomo giki gitagwwo kuhitukura
Themina cia matura ohomwe na kuhitukira aru-
tani anini ari mathomithanagia oro mweri moikaine
ta uthomithania wa uhamwe.

Kuhitukira wirutiri uyu, TIST ni ihotete kugia na
MDGs na njira ici;

Kioneki  kia  1:Kunina thina na Ngaragu.

Mwaka-ni wa 2000, atongoria athi nimetikirire
cioneki cia uthii wa na mbere wa ngwataniro ya
mabururi. Cionekio inyanya na cietikani-irio, iria me-
tikitie ati nicikunina nuthu wa uthini wa thi gukinyiria
mwaka wa 2015. Cionekio ici niciituliikite mithingi ya
uthii wa na mbere.

Cioneki ici ni:
Kioneki  kia 1: Kunina thina na Ngaragu.
Kioneki  kia 2: kugia na githimo kia muthingi.
Kioneki  kia 3: Kuigananana iruka cieri (Atumia
na athuri)
Kioneki  kia 4: Kunyihihiukia ukui wa ciana.
Kioneki  kia 5: Kwagiria ureri na ugima mwega
wamwiri.
Kioneki  kia 6: Kunina mukongo, malaria na
mirimu ingi.
Kioneki  kia 7: Guikinyiria uigananu wamarima-
tuthiururuki-irie
Kioneki  kia 8: Gutheremisa unyitaniri wa ma-
bururi niundu wa uthii wa nam-
bere.

Mubango wa TIST wambiri-irie ta machokio kuri
wirutiri uria wonanitio ni andu aria marutaga wira
hamwe bururini wa Tanzania mweri wa mugwana
mwaka wa 1999. Thi-inie wa themina igiri, aria
mathi-ite ni monire uria mangihota kunina wagi
wa mbura, kuhanda miti kuria gutari, kwaria iguru
ria mirimu,guthomithania hamwe na kwanjiriria
ikundi nini. Mwerini wa December 1999, amemba
a mbere a tuiki tunini ni macemaniria na maki-
janjiriria TIST. TIST yambiri-irie mbere ya cioneki cia
UN cianjitie, ni uhuoro wa kumakania kwona uria
cionekio cia ikundi icio nini ciakuhaniirioniria na cione-
ckio cia atongoria 189 a thi aria macemaniria muthia-ini
wa mwaka ucu.

Riu tondu TIST ni ikurite, noihotete kuhiingia
mabataro maingi mara marabatarwo ni ikundi nini.
Riu TIST ni inyitite gichunjio kinene ma kia cionekio ici
cia Urumwe Wa Kimabururi cia uthii wa nambere.
TIST irutaga wira ichagin, iria cierekeirwo
ni MDGs, hari mabururi mana mara marakura
namamo, Kenya, Tanzania, Uganda na India. TIST
ni inyitite gichunjio kinene muno hari gikinyaniria
cionekio ici twona hafa iguru.
TIST ni yoite makinya mithemba. Wirutiri wayo
niuchentjite miturire ya andu aingi. Guku Kenya,
mutaratara uyu wa TIST wanjiiri-irie mweri wa
Kanana mwaka wa 2004 na thutha wa kahinda
kanini niwarutaga wira, na makiria ma ikundi nini
3,000 niciengite na mutaratara uyu wa TIST. Ikundi
ici nini cithondeketwo ni arimi aria makoragwo mari
atandatu nginya ikumi na eri arume na atumia.
TIST irutaga wira na ikundi ici, na kioneki ki-
nene ni uhandi wa miti; orogikundi gikiamukagira
marihi manini kumana na muti uria mahandaga na
makamenyerera. Hamwe na uu, ikundi niciamu-
kgira mato na ithomo iria mabatarite muno
muturire-ini. Mahinda maya ithomo ici ni ta uhandi
wa miti, Murimu wa mukongo, Kuria irio njega, Ma-
laria, uhuthiri wa mariko ma ngu na gukuria iheo
mwanya mwanya. Githomo giki gikagwwo kuhitukura
Themina cia matura ohomwe na kuhitukira aru-
tani anini ari mathomithanagia oro mweri moikaine
ta uthomithania wa uhamwe.

Kuhitukira wirutiri uyu, TIST ni ihotete kugia na
MDGs na njira ici;

Kioneki  kia 1:Kunina thina na Ngaragu.

Kuhurana na Ng’aragu: Arimi a tukundi tunini twa TIST
makahina wa mbura, kwona ng’aragu na uhandi mwega.

Kioneki  kia 1:Kunina thina na Ngaragu.
Hamwe na uhandi wa miti, ariamanyitanagira na TIST nimathomithagio iguru ria urimi mwega. Njira ici cia urimi, cigitarithigio ni UNFAO, nicongereire mbembe hamwe na irio ingi nyangi na gichunj ki muno kuma riia arimi manjirie kuhuthira urimi uyu mwega. Uu nitakuga ati andu angi a TIST mari na irio nyangi cio na cia andu a nyumba yao na matriahuta ringi. Icigoini imwe ta Meru, arimi niamrendingi irio nitundu mari na makiria.

Kioneki kia 2: Kugia na githomo kia muthingi.
Kuingira githomo kia muthingi gitikoretwo kiri githeremu muno thi-inie wa mutaratara wa TIST kumia thirikari yanjia githomo kia buri kia muthingi, hakhu ciana clothe nicegingite. Ona kuriouguo, marihi maria mariahwagio niundu wa miti na maratuma ciana ihothe guthoma muno niundu nguo nu gakuria ni ironekana. Atonorgia angi a TIST ni-moite makinyo mitemba kunyita mbaru githomo kia muthingi.

Kioneki kia 3: Kuigananai iruka cieri (atumia na arume)
TIST nikiwiri muno utongoria wa guthiururukana hamwe na utongoria wa ngombo, ikundi igiri nini ngjoya. Hari na bata Munene muno orogikundi gikorwo na utongoria a guthiururukana. Hamwe na utongoria wa ngobo na gukuria mutongoria wa kiumia iyo.

Kuhitukira wirutiri uti, atumia nimarorio moe utongoria na makorwo merut-iwe ta arume hari gutua matua ma ikundi ciara. Uhuri wao wa gutongoria wonekaga na ugakura na thutha ukagira niundu wa wega wa Gikundi. Atumia aingi ari hari rungu rwa ikundi nini cia TIST nimarauga ati mbamire iri kutongoria ihukiria kiumia munto na matira mao.

Kioneki kia 4: Kunyihanyihia ukui wa ciana.
Ukui wa ciana nimunini mataraini maya. Urii mwega kuhitukira urimi mwega, uhuthiri wa neti cia rwagi kuhurana na malaria, na wanjiriria wa mariko maria mega marutaga ndogo na nya ya haria hararugiro na kogwo ciana na atumia matiuhagia ndogo iyo, ni imwe ya mawira maria TIST iruti-ire kugia ujma wa mwiri.

Kioneki kia 5: Kwagiria ureri na ugima mwega wamwiri.
Kuo nyangi iria cionekaga mutumia akiheo mwana ciutanaka na kwaga gucherera thibitari. Atumia aingi ari mariakagho kwona mbia cia thibitari magagira ciana muci-ii na nogutome mwana hamwe na nyina makue.

TIST, kuhitukira maria manini maria maria maria mahanda mityo ni iringagiria mici mi-ingi kugia na unyitaniri namathibitari nigetha matungatagiriwo. TIST ni iracharia unyitaniri na NHIF kumeya uria amemb a mangiyitaniri nigetha mateithike kuma kuriyo.

Kioneki kia 6: Kunina mukingo, malaria na mirimu ingi.

Mukingo na malaria ni ithiite nambere gutwika muhuenga munene hari maruburi maria markurua. Thutha wa kumenya ati mirimu ino yeri ni irahinga utiha wa nambere, TIST ni ithomithanaga iguru ria Mukingo na malaria. Waingira TIST, amemb a tukundi tunini, nimathomithagia kugiria mirimu ino yeri.

Undu wa bata, thi-ini wa Meru na Nanyuki, kuria TIST irathii nambere, murimu wamalaria niuthiite nambere na kwongerereka niundu wa mbaraka ya kirima ya Kirinyaga uu nikumana na koungereko wa urugari thi-ini wa ti. Wirutiri uria wonanitio ni ikundi nini hari kukanda miti miingi ni wa kunina thina uyu.

Kioneki kia 7: Gukenya ureru wamari tamathiururuki-rie.
Uu niguo undu uria Munene muno TIST iruti-ire. TIST yambiri-rie nigetha kwagiria maria matuthi-urukiiri. TIST ni ithomithiite makiria kwona ati mititu niyagira.

Amwe a aria manyitite TIST mbaru ni, Clean Air Action Corporation (CAAC), iria ikoretwo iri...
muharini wa mbere hari kwagiria uchenjia wa riera. Nitwone te ati riera ithuku niriti-ite na mbere na kuwingiha. Uu nigutmite malaria hamwe na riera ritari riega gutherema na nikuhatutie urimi witu.

Aria manyitanagira na TIST nimathi-ite na mbere na kuruta wira kunina thina uyu. Ta uria tukugwetete hau iguru, makiria ma miti milioni 3 ni irakura kumana na wirutiri wa ikundi nini.

Mubango uyu wa TIST ni ukurite wega maturaini na andu angi nimarenda uthereme maturaini meru.

Kioneki kia 8: Gutheremia unyitaniri wa malbururi ni ndu wa ushi wa namere.

Arimi a TIST nimamenyetete, biashara ingi njega ya riera riega. Ikundi nini ni ciragia na mbecha nyingi oromwaka mikhari-riria kuingira thoko-ini ino. TIST ni yanjite njira cia kwaraniria na malburuira ironwo ni ari manyitaniire na TIST

Kugayana ugi gutingitenderio. Athomithania a TIST na Atari a miti, nimonitio kuhuthira Computa ya palm. Mitambo ya Internet. mohoro makoritwo magiitamba wega kuri TIST Gikundi gia Kenya oromhamwe na ari martongoragia bururini wa USA, UK na East Africa na kuheana matataro gugatamba raithi.

Kugayana mibango namitaratara niguthememeti mabururini, kahinda kahituku nituracereirwo ni Gikundi kia andu 20 kuma Tanzania mokite guthoma. Nima, TIST nimahingitie clionekii ciao.

Urimi wa Thamaki: giki ni gikundi kimwe kiega kia KIOKI

Gikundi kiega gia Kioki: Guthunduri urimi unyungi – urimi wa thamaki

Gikundi kinini kiega gia Kioki kikoragwo rungu rwa wabichi ya Chugu. Tukoragro gichigo gia Katheri Meru. Nitwajitie urimi wa thamaki ta umwe wa urimi mwega.

Urmi wa thamaki ni umwe wa uria urakura na ihenya muno thin-ie wa Meru na niwanjitio ni arimi aingi muno. Andu aingi Meru nimarenda kuria thamaki.

Urmi wa Thamaki; giki ni gikundi kimwe kiega kia KIOKI

Twab Blair Sinbii Geopuna wa Katheki

Twetire ataaramu cia ni TIST ni ndu wa mawega macio maingi. Wambere, wenda wa thamaki niutheremete muno orona makiria tutu thamaki twana niundu evidu ari na merenda kwanjia kurera thamaki. Utoro wa ari na merenda thamaki niwairi ri ndu wa kupia mbia makiria.

Wakeri, ururia wa thamaki niutumite kugije na irio cia kuhe mwiiri hina iria ihuranaga na irio ingi ta ici cia thogora Munene. Uu ni kwongeire irio njega na igatuma mire iti ikore na hina.

Wega ugu wa thamaki ni; uri-i wa thamaki ni wongagiriria utheremo wa hakiri. Ataaramu nimekitrite mukonde uhoro uyu. Kogwo ciana citema ingionaga nyama cia thamaki nocikure na ugima mwega na makiria hairi ciao.

Ukuria wa thamaki no iugiragiriria utheremo wa rwagi. Thamaki niciiraga matumbi ma rwagi na kogwo cikagiriria gucianagana na muthia kunina.

Mawega maya ma ukuria wa thamaki nimaturiite twye mibango uyu na njira ya hina muno. Twetire ataaramu cume ruhunge rwa thamaki ari magi-ire na themina hamwe na guthomithia na magithondeka ndemua ya thamaki mugundaini ya mumemba umwe. Kumana na ugi uria twamenyire kuma kuri ataaramu acio nitulehote guthondeka ndemua cimu rohamwe na gukuria thamaki cimu nginya cikagimara.

Ikundi cia ukuria wa thamaki no ciyuheire tuthamaki tunini nginyagia tukihota kwirugamiria. Ndumiri itu ni kuria ikundi iri aingi cianje ukuria wa thamaki na mumkwongera mbia. Tukuga atiri; ria thamaki nyingi na uture muturire...
wina ugima wa mwiri mwega.
Ta uria tukugite hau iguru, tukuria ikundi iria ingi cingienda gukuria thamaki ciaranirie na wabichi ya TIST Kenya. Kana methe uhoru makiria kuma ihonge cia ukuria wa thamaki tauni ya Meru.

Gikundi kinini kia Kuuga na Gwika: gutambia mawega ma miti.
Makiria ma mawega maria moikaine ma muti ta gutuhe ngu, kiruru na kugiriira tiri, ithui amemba a kuuga na gwika ni tuthiite makiria ma mawega maya.
Nitwanjitie gukuria thamaki hamwe na tugunyo na tuhuthagira miti. Nitwoneite mbia makiria.
Makiria ma kwona mbia kumana na wendia wa uki, ura urabaratarikana na hinya muno thokoini cita. Nitugite na miree migwa kumana na kuria uki. Turagia na andu mari na uginga mawega ma mwiri.
Tugunyu tutu turiaga ndare. Thoko ino nirakura wega na twina mwiwoko ni ikwagira na ituhe maciaro mega.
Tuhotete kugia na maya mothe nindo wa githomo kiria tutugite kuma TIST. Nitwoneite kugia na ikundi njega. Niturathii na mbere na tugunyo na mawega atongoria ngombo na utongoria wa guthiururukana. Niendu wa miree migwa na mawega atongoria micemanio-ini na moneka mari megwa tukamahuthira.

Twitikanititie na kugayana mohoro, ni twiruti-ire guthomithia anu angi na maingire mutaratara-ini uyu witu. Twoete TIST namwihoko Munene muno na ni twiruti-ire kunga na mawega atongoria, na tutugite kuma TIST. Nitwoneite kugia na mawega ma mawega mukyomo ma mawega ma mukyomo na mawega na mawega.

Nituthi-ite na mbere na urimi mwega, umenyeneryi wa tuta na twina umiriru tukiuga ati ni twoneite maciaro mega.
Gikundi gitu kigoragwo na arumiriri 12 aria merutagira na hinya muno, nituwyere mawega ya Kianjagi itwicirie migwa na mawega, ni acheririe TIST na wafye a kina.

Rugano rwa mutimia ti Tabitha Stanley, umwe wa Gikundi kiega gia Kainyinyo Kiburi
Mutimia ti Tabitha Stanley ni mutimia mukenyu muno. Aganire rugano rwa kura gikundi kuma Uganda iria yamuchereire hamwe na umwe wa athomithania kuma wabichi ya Chugu etagwo Ms. Dorothy Naitire.

Mutimia ti Tabitha ekuga: kuma kiria aingirire TIST, muturire wake ni uchenjetie muno; marhi ma ria nyonete kuma kuri TIST nimahotithitie kugura itangi ria mai. Riu ndirataha mai.
Tabitha, uria urina ukuru wa naka 70, aragua ati itangi riu rimuteithitie na muthuera hamwe na maguitiriria tumimera twake.

Na Edward Mwenda, muthuri wa TIST, muthuriwa na moneka muno. Aganire rugano rwa kuri gikundi kuma Tist, muthuriwa ni mugundaini wa TIST. Muthuriwa na moneka muno na muthuriwa na moneka muno na maciaro.


TIST niyonaga wirutirui Munene uria wonanagio ni ikundi taici na ekuteria kumuthomithia makiria nigetha gutheremia miturire yao. Muturatara uyu wikuagirirwo muno na murihi maria marairawo arimi a TIST. Wirutiri wa Tabitha ni rugano rwa utorania. Ikundi indi nini ni irio cihuthire wega kiria monaga.
Mutimia ti Tabitha akiuria ikundi nini cihuthire marhi maria monaga na gwiteithia, ithui ta TIST turorua anu othe a TIST.
Gikundi kiega gia Kamithagana C: miti kuma kiamjiriria.

Miaka miingi mihituku
Riria thi yanjangia
Migunda ndiari kindu
Ni ngai wombire

Atekuriganirwo kumigemia
Akiumba miti
Akiumba Adam na Eve.
Akimahе hinya iguru ria maundu mothe
Kugayukania mega na moru.

Ouria miaka yathiangaga, andu no maingihaga
Wendi wa kuhuthira miti ughtherema
Miti mi-ingi igithukangio
Makiriganirwo wega wa miti.

Mwakaini wa 1800’s iganda ikiianjia.
Gutiri mundu wamenyaga machungirira
Twendaga gukura, twendaga kugia na iganda
Iganda ikiianjia, riera ithuthu riki-ingiha.

Mabururi mani makiuma thutha
Nonginya twirutire gutherema
Na mabururi mothe magika uguo.
Matekumwenya maumirira.

Uchenjia wa riera riu nigo uraririo
Urugaro no urogereka bururini
Gutura kwa mundu kwi hatikaini
Makinya ma naihenya mekwendwo moyo.

Warahu wa mai no urongerereka
Bundulangi ni imwe ya warahu ucio
Miyo igakua na indo nyingi igathukio.
Na andu magathama.

Uchenjia wa riera riu ndugimenyeka
Wagi wa iron riu ni wa mahinda mangu
Wagi wa wairio ukaingiha

Kihonia ni kinini
Handa miti miingi
Miti ni – ininaga riera ithuku
Miti iheragia riera

Arimi a TIST nimeruti-ire
Kuhanda miti mi-ingi
Kuhonokia thi
Na kuhonokia mundu wathi.
The International Small Group and Tree Planting Program (TIST)
An Environmental, Sustainable Development and Community Forestry Program.

- Uria TIST igutethia kwingiria goal ya maendeleo (Millennium Development Goals.) - Page 2
- Kamithagana C Best Small Group: Trees From The Beginning.
- Kioki Best Small Group: Discovering another Best Practice – Fish Farming.
- A Story of Ms. Tabitha Stanley, A Member of Kainyinyo Kiburi Small Group.
- Kuuga na Gwika Small Group: Diversifying the trees benefits.

TIST farmers during a recent in-house training at Ntoobo, Tigania West.
Mwakene jwa 2000, atongeria ba nthi cia oome ibakurukirie uria maendeleo jakombikika:

GOAL IJI NII:
Goal 1: Kuthiria ukia mukeu na mpara.
Goal 2: kuthoma kithomo kia kuthiria waa.
Goal 3: kung’anania aaka na arume na gwikira aaka inya
Goal 4: kunyiyia ikuu bia twana
Goal 5: gutuma afya ya ekuru bari barito ibua
Goal 6: kurwa na murimo jwa mukingo (HIV/AIDS), rwagi na mirimo ingi.
Goal 7: gutuma biria bitucigiririte bikara bwega (environmental sustainability)
Goal 8: kureta ngwataniero ya maendeleo na antu bangi.

TIST yambiririe kumania na mantu jaria jathithirue ni antu ba Tanzania July 1999. semina ijiri ibombire gwika njira cia kuthiria mpara, kwanda miti miundene yetu, mantu ja afya injega na kuritana antu kwambiria tukundi tuniini.

December 1999, amemba ba mbere ba gakundi kaniini ibothuranire na TIST yambiria. TIST niyo yambiririe mbere ya UN Millenium Development goals itithithitue na bubu ni tukundi tuniini bakaritanwa kuthiria mpara, kwanda miti miundene yetu, mantu ja afya injega na kuritana antu kwambiria tukundi tuniini.

TIST iritaga ngugi na arimi oo baria MDGS itegerete nthiguru inya igwitwa Kenya, Tanzania, Uganda na India. Nitumite mantu jaria jakwendeka jau jandiki au iguru jombika.

TIST nigarurite mono miturire ya antu mono. Aja Kenya TIST yambiririe August 2004 na kagita kau kaniini nkuruki ya tukundi tuniini 3,000 itumbite gutonya. Tukundi tutu tuniini ni twa arimi kuuma antu 6-12 ba antu arume na aaka.


Kumania na wiru buria TIST ithithitie niumbite gukinyia MDGS na njira ta iji:

Goal 1: kuthiria ukia mukeu na mpara.

Itubwirite gwitikiria ati mpara na ukia bireti ni waagi bwa ngai niuntu bwa uria miti yarikirwe na inya. Oo uria mamillion ja miti jagwita jakirikagwa nou mpara igwita na mbere niuntu urumi butibua.

urimi bubwega bwa ngarama inkai buria butumite urimi bwa mpempe bwithirwa buri na maketha mainda jana nkuruki kuuma TIST ikwambiria. Ikwonania amemba ba TIST ibombite kwithirwa bari na irio bia kung’ana na kwou ikwonania bati na mpara. Ruteere rwa Meru arimi bari na irio kinya bia kwendia kenda bona mbeca cia mobatu jao.

**Goal 2: Kuthoma kithomo kia kuthiria waa.**

__Kithomo kia primary school gitaari mubangone jwa TIST.__

Thirikari ikureta kithomo kia utheri aana ibombite gwikua cukuru na wingi. Amwe na buu, mbeca iria amemba ba TIST bariagwa nitumaga bakomba kubagurira nguu na irio kenda bomba kuthoma bwega. Bamwe ba staff ya TIST ibombite gutethia kithomo kia primary nterene mwanya.

**Goal 3: kung’anania aaka na arume na gwikira aka inya.**

Murandi jwa TIST ijwikagira mono utongeria bwa kithiuruko na uthumba, na jaja ni mantu jamwe ja TIST. Kwou no mwaka kwithirwe kuri na utongeria bwa kithiuruko na uthumba na gwakana (building up) mutongeria wa kiumia kiu.

Kuumania na utongeria bubu antu aaka ibaejagwa kaanya ka gutongeria oo umwe na antu arume na kubaa kaanya ka kumenya mantu nkuruki. Ikumbikaga kumenya kiewa kiria oo muntu aegi kia utongeria. Antu aaka ibombite kugia na utongeria ikundine na nturene ciao na biuthuranone bingi binene.

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**Goal 4: kunyiia ikuu bia twana**

Ikuu bia twana ibinyii naria TIST iri. Kurea irio bwega niuntu bwa urimi bubwega, gutumira net cia kuringiria rwagi na gwaka mariko ja kunyiia toogi ekuru na twana batikamikuucie ni mantu jamwe ja afya ya mwiri iria ireti ni TIST.

**Goal 5: Gutuma afya ya eekuru baria arito ibua**

Kuu bia muthemba juju biumanagia na riria eekuru baria batigucumba batikumba kwona mbeca cia gwita maternity mwanka gikuu gikonekana kia mwana na ngina.

TIST kumania na mbeca iria bonaga niuntu bwa miti niberitanagwa ubatu bwa kwithirwa muntu arri na insurance yawe. Iji ti ya kumenyera eekuru baria arito aki, indi kinya family yonthe. TIST nikwariria na NHIF uria bomba gutetheria amemba ba TIST gutonya ku.

**Goal 6: Kurwa na murimo jwa mukingo (HIV/AIDS) na rwagi na mirimo ingi**

Mirimo ya mukingo na rwagi niyte thiina inene kiri nthiguru iria igwita na mbere na nirigagiria maendeleo jeta na mbere. TIST niritanaga uritani bwa kuringiria mukingo na rwagi kiri training ciao.

Tukundi tuniini tugutonya kiri TIST ibaritani mono njira cia kwingiria mirimo. Mono mono ruteerene rwa Meru na Nanyuki naria TIST iri, mirimo jwa rwagi irwithe mbere kwingia niuntu bwa ruuijuri rukuma nkamiene ya kirimia kia Mt. Kenya yakeruka niuntu bwa murutira juria jukwithirwa juri ruone. TIST nikugeria kwaanda ma million ja miti kenda yumba kunyiia muturira nthigurune.

**Goal 7: Gutuma biria bituciigiritie bikara bwega (environmental sustainability)**

Iji niyo ya bata mono kiri murandi jwa TIST. TIST nigeretie na ngarama inene mono kenda antu bathithia miitu yao yongwa.
Company iria ilejaga TIST mbeca, Clean Air Action Corporation (CAAC) ithagira iri ya mbere kwona ati ruugo rwetu rugakara bwega. Itubwirite kumenya ruugo ruthuku rwitite na mbere kwingia mono mwaka rwatuma nthiguru igia na murutira nkuruki mwaka murimo jwa rwagi jwangia mono na mwaka urimi bwathuka niuntu bwa kwara.

TIST nikugeria itikunoga, kwona ati nthiguru yetu ikagaruka uria ikari nandi Murandi juju ijukugeria gutamba kuruki.

Goal 8: kurete ngwataniro ya maendeleo na antu bangi


TIST trainers na atari ba miti (quantifiers) ibaritani njira ya gutumira Palm Computers na Internet. Mawasiliano ja antu ba TIST ba nthiguru ingi ta USA,UK na East Africa njigagutuma bomba kumenyaga uria nthiguru igwita na mbere.

Kumenywa uria nthiguru ingi ikudhithia igwatumire gikundi kia arimi ba kuuma Tanzania 18, beja Kenya kuthoma. Kwaria ma TIST nitumite bathihiya nkuruki ya utethio buria bonete.
kwirungamira. Ntumiiri yetu ni arimi bangi bambirie urimi bwa makuyu kenda bomba kwona mbeca nkuruki cia kwirungamiira miturirene yao. Batwi tugiite; urie makuyu nkuruki utuure na mwiri jumwega.

Gakundi Kaniini ka Kuuga na Gwika: Baita ya miti


Amwe na biashara ya wendia bwa nainchu, iria thoko irio mono, niumbite kinyatwi gutethia miirine yetu. Silk worm irijaga taratate kuuma mitine(from Mulbere trees). Biashara iji no igwita na mbere ikigijaga inya nkuruki na turi na witikio ikabua yumbe gututethia.

Bubu ibumbikite kuringana na urutani bwa TIST. Itumbite kwibangania tukuundi tuniini tugicemanagia kiumia na utongeria bwa kithiuruko. Amwe na tukundi tungi tuniini itumbite kuthuura Kianjagi chief’s camp aria tukomba kuthurana gaa niuntu gwa urutani.

Itumbite kuthithia urimi bubwega na kuthithia nursery cia kumithiria miti. Gikundi gietu kiri na amemba 12 baria bonthe baciejanaga. Itukuria TIST itutegere kenda tukaa Gakundi kamwe kaniini gakega kenda tumba kuritira ngugi inkundi biria binga bituciigirite.

Rugono rwa Ms. Tabitha Stanley mumemba wa gakundi kaniini ka Kaing’inyo Kibiiri

Ms Tabitha Stanley ni mwekuru ugwirirwe mono. Naere ageni ba TIST Uganda bari baari na muritani wa ubici ya Chugu, Dorothy Naitore.


KIMERU VERSION

Urimi wa Thamaki: giki ni gikundi kimwe kiega kia KIOKI Best Small Group mwena wa Katheri.

Rugono rwa Ms. Tabitha Stanley mumemba wa gakundi kaniini ka Kaing’inyo Kibiiri

Ms Tabitha Stanley ni mwekuru ugwirirwe mono. Naere ageni ba TIST Uganda bari baari na muritani wa ubici ya Chugu, Dorothy Naitore.


Gakundi Kaniini ka Kamithagana C: Baita ya miti
Miaka million inyingi inia ikurukite
Nthiguru ikiambiria
Nthiguru itari na gintu
Ni Murungu wamiumbite

Tukorirua niuria amithongometie.
Naandire imera
Oomba Adam na Awa.
Arabaa inya ya into bionthe bianthi.
Kuthuura into bibiega na bithuuku.

Oo uria miaka ikuthira nou antu baingiire
Utumiri bwa miti nabu bwaingia.
Miti imingi niyangirue
Borirua ni wega bwa miti.

Miaka ya 1800's factories ciambiririe
Gutiwe wathugananrie uria gugakarika.
Itukwenda gukura na no tukwenda factories
Factories ikwambiria toogi yambiria kuuma.

Nthiguru ingi irambiria
No mwanka twite na mbere.
Uu niu baugaga.
Batikumaka uria gugakarika

Nthiguru nigaruki yagia mwanki
Mwanki nthigurune jukuthuka nkuruki.
Utuuro bwa muntu buri hatarine
Utethio bwa mpwi ibukwendekana.

Miuguu niu ingiire
Juju niu jufano jumwega
Ikkuu na winyangia bwa into ibikarikite
Antu bauma nja ciao.

Uria riera rikari utiumba kumenya
Imera kurega kubua nibio bigukarika
Irio gutibio
Mwanka twagia mpara

Kurigiria ni njira inkai
Aanda miti imingi, aanda miti mamillion
Miti niyo inyiaga ruugo ruthuku
Miti ithambagia ruugo
Arimi ba TIST bakwigia
Kwanda miti mamillion
Kwonokia nthi
Kwonokia rurijo rwa muntu.

Amemba a PAA-A mariruta wira nathari-ini yao
Amemba a wabichi ya Lamulia.
Amemba a wabichi ya Kinyaritsha hamwe na amemba a TIST
Tanzania hindi ya mucemanio wao.